

ALL INFORMATION INCLUDED BELOW IS CORRECT AS AT THE TIME THAT OUR BROCHURE WENT TO PRESS BUT PLEASE BE AWARE THAT IN THE EVENT THAT A SUBSTITUTION IS MADE, THIS NUTRITIONAL AND ALLERGEN SUMMARY MAY NOT REFLECT THE TRUE CONTENTS OF THE GIFT.

IF YOU HAVE ANY CONCERNS IN RELATION TO ALLERGENS OR ANY OTHER DIETARY REQUIREMENTS, PLEASE CONTACT US PRIOR TO PURCHASE.

Name of Product	Italianavera Traditional Italian Peeled Tomatoes 400g
Manufacturer's Name and Address	Italianavera, ItalianaVera srl Via Sinisalchi, 62, Nocera Inferiore, Nocera Inferiore, Italy, 84014
Supplier Name and Address	Sacla UK Ltd, Italy House, 16 Warwick Road, Beaconsfield, BUCKINGHAMSHIRE, United Kingdom, HP9 2PE
Ingredients	Traditional Italian peeled tomatoes, tomato juice, acidity regulator: citric acid.

### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Italy
Storage Instructions	Store in a cool dry place away from direct sunlight.
Instructions for use	For a simple pasta sauce saute some freshly crushed garlic in warmed olive oil, add the tomatoes and simmer for about 15 minutes. Add you favourite cooked, drained pasta to the sauce and serve with torn basil leaves and a shower of parmesan cheese.
Alcoholic Strength	0

### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	96	Energy (kcal)	23	Salt	0.1
Fat	0.5	of which saturates	0.2		
Carbohydrate	3	of which sugars	2		
Fibre	1	Protein	1.2		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Lacryma Christi DOP Red Wine Vinegar 250ml
Manufacturer's Name and Address	Andrea Milano, Andrea Milano srl Corso Protopisani 91, Napoli, Napoli, Italy, 80146
Supplier Name and Address	Sacla UK Ltd, Italy House, 16 Warwick Road, Beaconsfield, BUCKINGHAMSHIRE, United Kingdom, HP9 2PE
Ingredients	Red Lacryma Christi del Vesuvio wine vinegar. (contains <b>SULPHITES</b> ).

**Containing Allergens**

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	Italy
Storage Instructions	Store in a cool and dry place.
Instructions for use	N/A
Alcoholic Strength	0

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	104	Energy (kcal)	25	Salt	0.02
Fat	0	of which saturates	0		
Carbohydrate	0.5	of which sugars	0.5		
Fibre	0	Protein	0.01		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Manicardi Balsamic Vinegar of Modena 3 Shields 25cl
Manufacturer's Name and Address	Manicardi, Manicardi - Stradello Massaroni 1/B, Castelvetro di Modena, Castelvetro di Modena, Italy, 41014
Supplier Name and Address	Sacla UK Ltd, Italy House, 16 Warwick Road, Beaconsfield, BUCKINGHAMSHIRE, United Kingdom, HP9 2PE
Ingredients	Wine Vinegar ( <b>SULPHITES</b> ), cooked grape must, caramel colouring E150d.

**Containing Allergens**

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	Italy
Storage Instructions	Store in a cool and dry place away from light and heat.
Instructions for use	N/A
Alcoholic Strength	0

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	554	Energy (kcal)	130	Salt	0.5
Fat	0	of which saturates	0		
Carbohydrate	27	of which sugars	27		
Fibre	0	Protein	1		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Martelli Penne Pasta 500g
Manufacturer's Name and Address	Martelli, Martelli - Via dei Pastifici 3, Lari PI, Lari PI, Italy, 56035
Supplier Name and Address	Sacla UK Ltd, Italy House, 16 Warwick Road, Beaconsfield, BUCKINGHAMSHIRE, United Kingdom, HP9 2PE
Ingredients	Durum <b>WHEAT</b> semolina, water.

**Containing Allergens**

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Italy
Storage Instructions	Store in a cool and dry place away from light and heat.
Instructions for use	For best results place the pasta into a large pan of boiling water. Bring back to the boil and cook for 8 minutes. Drain thoroughly and season to taste.
Alcoholic Strength	0

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	1514	Energy (kcal)	357	Salt	0.01
Fat	1.6	of which saturates	0.3		
Carbohydrate	72.5	of which sugars	0.7		
Fibre	2.7	Protein	13.1		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Cook's Paste Sun-Dried Tomato 190g
Manufacturer's Name and Address	F.Ili Sacla' S.P.A, Piazza Amendola, 2 – 14100 Asti, Asti, Italy, 14000
Supplier Name and Address	Sacla UK Ltd, Italy House, 16 Warwick Road, Beaconsfield, BUCKINGHAMSHIRE, United Kingdom, HP9 2PE
Ingredients	Rehydrated Sun-Dried Tomatoes (57%), Sunflower Seed Oil, Wine Vinegar, Sea Salt, Natural Flavourings, Garlic Powder, Sugar, Ground Black Pepper, Acidity Regulator: Lactic Acid.

**Containing Allergens**

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts
Country of Origin	Italy
Storage Instructions	Keeps in the fridge for 2 weeks after opening. If safety button on cap is up do not use.
Instructions for use	N/A
Alcoholic Strength	0

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	1688	Energy (kcal)	409	Salt	2
Fat	39	of which saturates	5.1		
Carbohydrate	8.3	of which sugars	8.1		
Fibre	5	Protein	2.9		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Wild Garlic Pesto 190g
Manufacturer's Name and Address	F.Ili Sacla' S.P.A, Piazza Amendola, 2 – 14100 Asti, Asti, Italy, 14000
Supplier Name and Address	Sacla UK Ltd, Italy House, 16 Warwick Road, Beaconsfield, BUCKINGHAMSHIRE, UK, HP9 2PE
Ingredients	Sunflower seed oil, basil, wild garlic (16%), garlic, chives, sea salt, Pecorino Romano PDO cheese ( <b>MILK</b> ), Grana Padano cheese ( <b>MILK, EGG</b> ), <b>CASHEW NUTS</b> , fructose, garlic powder, vegetable fibre, acidity regulator: lactic acid.

#### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	Yes	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Peanuts
Country of Origin	Italy
Storage Instructions	Keep in the fridge for 2 weeks after opening. If safety button on cap is up do not use.
Instructions for use	N/A
Alcoholic Strength	0

#### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1590	Energy (kcal)	385	Salt	1.5
Fat	38	of which saturates	4.7		
Carbohydrate	6.9	of which sugars	1.7		
Fibre	1.7	Protein	3.1		

Suitable for vegetarians	No	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Nduja Pesto 90g
Manufacturer's Name and Address	F.Ili Sacla' S.P.A, Piazza Amendola, 2 – 14100 Asti, Asti, Italy, 14000
Supplier Name and Address	Sacla UK Ltd, Italy House, 16 Warwick Road, Beaconsfield, BUCKINGHAMSHIRE, United Kingdom, HP9 2PE
Ingredients	Tomato puree, sunflower seed oil, 'Nduja (11%) (pork, chilli pepper, salt), medium fat hard cheese ( <b>MILK</b> ), <b>CASHEW NUTS</b> , basil, red peppers, pepper flakes, potato flakes, acidity regulator: lactic acid; salt, dried chilli pepper, wine vinegar, natural flavouring, smoked paprika, garlic powder, spices.

### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Peanuts
Country of Origin	Italy
Storage Instructions	Keep in the fridge for 2 weeks after opening. If safety button on cap is up do not use.
Instructions for use	N/A
Alcoholic Strength	0

### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1370	Energy (kcal)	331	Salt	1.2
Fat	30	of which saturates	5.7		
Carbohydrate	8.2	of which sugars	3		
Fibre	1.2	Protein	6.5		

Suitable for vegetarians	No	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		



Name of Product	Char-Grilled Aubergine Pesto 190g
Manufacturer's Name and Address	F.Ili Sacla' S.P.A, Piazza Amendola, 2 – 14100 Asti, Asti, Italy, 14000
Supplier Name and Address	Sacla UK Ltd, Italy House, 16 Warwick Road, Beaconsfield, BUCKINGHAMSHIRE, United Kingdom, HP9 2PE
Ingredients	Char-grilled Italian Aubergines (36%), Sunflower Seed Oil, Water, Italian Basil (3,5%), Sun-Dried Tomato, <b>CASHEW NUTS</b> , Garlic, Pine Kernels, Salt, Acidity Regulator: Lactic Acid; Flavouring, Smoke Flavouring, Chilli Pepper Powder.

#### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Peanuts
Country of Origin	Italy
Storage Instructions	Keep in the fridge for 2 weeks after opening. If safety button on cap is up do not use.
Instructions for use	N/A
Alcoholic Strength	0

#### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1341	Energy (kcal)	325	Salt	1.2
Fat	32	of which saturates	3.5		
Carbohydrate	6.8	of which sugars	2.4		
Fibre	1.6	Protein	4.1		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Whole Cherry Tomato with Basil 350g
Manufacturer's Name and Address	F.Ili Sacla' S.P.A, Piazza Amendola, 2 – 14100 Asti, Asti, Italy, 14000
Supplier Name and Address	Sacla UK Ltd, Italy House, 16 Warwick Road, Beaconsfield, BUCKINGHAMSHIRE, United Kingdom, HP9 2PE
Ingredients	Tomato (Diced Tomato, Tomato Puree, Tomato Juice), Cherry Tomatoes (16%), Soffritto (Onion, Carrots, Garlic, <b>CELERY</b> , Extra Virgin Olive Oil), Sunflower Seed Oil, Basil (1.2%), Salt, Cornflour, Acidity Regulator: Lactic Acid.

### Containing Allergens

Celery	Yes	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts
Country of Origin	Italy
Storage Instructions	Keep in the fridge for 2 weeks after opening. If safety button on cap is up do not use.
Instructions for use	N/A
Alcoholic Strength	0

### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	549	Energy (kcal)	133	Salt	0.7
Fat	11	of which saturates	1.2		
Carbohydrate	5.8	of which sugars	5.3		
Fibre	2.2	Protein	1.5		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Sun-Dried Tomatoes in Oil 280g
Manufacturer's Name and Address	F.Ili Sacla' S.P.A, Piazza Amendola, 2 – 14100 Asti, Asti, Italy, 14000
Supplier Name and Address	Sacla UK Ltd, Italy House, 16 Warwick Road, Beaconsfield, BUCKINGHAMSHIRE, United Kingdom, HP9 2PE
Ingredients	Partially rehydrated sun-dried tomatoes (53%) ( <b>SULPHUR DIOXIDE</b> ), sunflower seed oil, salt, acidity regulators: lactic acid, citric acid, sugar, oregano, extra virgin olive oil, black pepper, garlic powder, firming agent: calcium chloride, flavouring.

#### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	Tree Nuts
Country of Origin	Italy
Storage Instructions	Keep in the fridge for 2 weeks after opening. If safety button on cap is up do not use.
Instructions for use	N/A
Alcoholic Strength	0

#### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	860	Energy (kcal)	208	Salt	3.15
Fat	15.8	of which saturates	1.8		
Carbohydrate	8.2	of which sugars	7.5		
Fibre	8.7	Protein	3.9		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Spunzillo Whole Cherry Tomatoes by Italianavera 400g
Manufacturer's Name and Address	Italianavera, ItalianaVera srl Via Sinisalchi, 62, Nocera Inferiore, Nocera Inferiore, Italy, 84014
Supplier Name and Address	Sacla UK Ltd, Italy House, 16 Warwick Road, Beaconsfield, BUCKINGHAMSHIRE, United Kingdom, HP9 2PE
Ingredients	Italian Spunzillo whole cherry tomatoes, tomato juice.

**Containing Allergens**

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Italy
Storage Instructions	Store in a cool dry place away from direct sunlight. Once opened, keep in the fridge and consume within 2-3 days
Instructions for use	For a simple pasta sauce, sauté some freshly crushed garlic in warmed olive oil, add the tomatoes and simmer for about 15 minutes. Add your favourite cooked, drained pasta to the sauce and serve with torn basil leaves and a shower of Parmesan cheese.
Alcoholic Strength	0

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	83	Energy (kcal)	20	Salt	0.02
Fat	0	of which saturates	0		
Carbohydrate	3.5	of which sugars	3.5		
Fibre	0.6	Protein	1		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Martelli Fusilli Pasta 500g
Manufacturer's Name and Address	Martelli, Martelli - Via dei Pastifici 3, Lari PI, Lari PI, Italy, 56035
Supplier Name and Address	Sacla UK Ltd, Italy House, 16 Warwick Road, Beaconsfield, BUCKINGHAMSHIRE, United Kingdom, HP9 2PE
Ingredients	Durum <b>WHEAT</b> semolina, water.

### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Italy
Storage Instructions	Keep in a cool and dry place away from light and heat.
Instructions for use	For best results, place the pasta into a large pan of boiling water. Bring back to the boil and cook for 8 minutes. Drain thoroughly and season to taste.
Alcoholic Strength	0

### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1514	Energy (kcal)	357	Salt	0.01
Fat	1.6	of which saturates	0.3		
Carbohydrate	72.5	of which sugars	0.7		
Fibre	2.7	Protein	13.1		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	San Marzano D.O.P Tomatoes 400g
Manufacturer's Name and Address	Italianavera, ItalianaVera srl Via Sinisalchi, 62, Nocera Inferiore, Nocera Inferiore, Italy, 84014
Supplier Name and Address	Sacla UK Ltd, Italy House, 16 Warwick Road, Beaconsfield, BUCKINGHAMSHIRE, United Kingdom, HP9 2PE
Ingredients	Italian San Marzano PDO peeled tomatoes, tomatoes juice.

**Containing Allergens**

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Italy
Storage Instructions	Store in a cool dry place away from direct sunlight. Once opened, keep in the fridge and consume within 2-3 days
Instructions for use	For a simple pasta sauce, sauté some freshly crushed garlic in warmed olive oil, add the tomatoes and simmer for about 15 minutes. Add your favourite cooked, drained pasta to the sauce and serve with torn basil leaves and a shower of Parmesan cheese.
Alcoholic Strength	0

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	96	Energy (kcal)	23	Salt	0.1
Fat	0.5	of which saturates	0.2		
Carbohydrate	3	of which sugars	0.2		
Fibre	1	Protein	1.2		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		