

ALL INFORMATION INCLUDED BELOW IS CORRECT AS AT THE TIME THAT OUR BROCHURE WENT TO PRESS BUT PLEASE BE AWARE THAT IN THE EVENT THAT A SUBSTITUTION IS MADE, THIS NUTRITIONAL AND ALLERGEN SUMMARY MAY NOT REFLECT THE TRUE CONTENTS OF THE GIFT.

IF YOU HAVE ANY CONCERNS IN RELATION TO ALLERGENS OR ANY OTHER DIETARY REQUIREMENTS, PLEASE CONTACT US PRIOR TO PURCHASE.

Name of Product	Ahmad Tea English Tea No 1 10 Teabags 20g
Manufacturer's Name and Address	Ahmad Tea, Winchester Road, Eastleigh, Hampshire, UK, SO53 2PZ
Supplier Name and Address	Ahmad Tea Limited, Winchester Road, Eastleigh, Hampshire, UK, SO53 2PZ
Ingredients	Black tea, light bergamot flavouring

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	packed in UK/Sri Lanka
Storage Instructions	store in a cool dry place
Instructions for use	1 teabag per cup, add boiling water and brew for 3-5 minutes
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	0.2	Energy (kcal)	2	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	0	of which sugars	0		
Fibre	0	Protein	0.1		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	No		

Name of Product	Sugar n Spice Luxurious Fruity Flapjack Bar 70g
Manufacturer's Name and Address	Ashbourne Foods Ltd, Blackfriars Bakery, 185 Gloucester Crescent, Wigston, Leicester, Leicestershire, United Kingdom, LE18 4YH
Supplier Name and Address	Ashbourne Foods Ltd, 185 Gloucester Crescent, Wigston, Leicester, Leicestershire, UK, LE18 4YH
Ingredients	OATS , Partially Inverted Sugar Syrup, Salted Butter (15%) (Butter (MILK), Salt), Brown Sugar, Sultanas (6%) (Sultanas, Sunflower Oil), Apricots (5%) (Apricots, Rice Flour, Preservative (SULPHUR DIOXIDE)), Sweetened Dried Cranberries (3%) (Cranberries, Sugar, Sunflower Oil), Sweetened Condensed MILK (MILK , Sugar).

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	Eggs Tree Nuts Peanuts Sesame Soybeans
Country of Origin	UK
Storage Instructions	Store in a cool dry place out of sunlight. Do not refrigerate.
Instructions for use	RTE
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1688	Energy (kcal)	402	Salt	0.42
Fat	16	of which saturates	9		
Carbohydrate	64	of which sugars	33		
Fibre	5.8	Protein	5.3		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Radfords Handmade West Country Crumbly Butter Fudge Bag 113g
Manufacturer's Name and Address	Radfords Fine Fudge Ltd, The Sugar Mill, Matts Lane, Stoke-Sub-Hamdon, Somerset, United Kingdom, TA14 6QE
Supplier Name and Address	RADFORDS FINE FUDGE LTD, The Sugar Mill, Matts Lane, Stoke-Sub-Hamdon, Somerset, United Kingdom, TA14 6QE
Ingredients	Sugar, Butter (MILK) (20%), Full Fat Condensed MILK , Golden Syrup (Partially Inverted Refiners Syrup), Glucose Syrup, Salt.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree nuts and Peanuts
Country of Origin	United Kingdom
Storage Instructions	N/A
Instructions for use	N/A
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1980	Energy (kcal)	491	Salt	0.5
Fat	20.2	of which saturates	12.7		
Carbohydrate	76.2	of which sugars	72.9		
Fibre	0	Protein	2.1		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Ooh! Chocolata Very Honeycomb Milk Chocolate Bar 50g
Manufacturer's Name and Address	Ooh! Chocolata, 42 Southfield Road Trading Estate, Nailsea, North Somerset, UK, BS48 1JE
Supplier Name and Address	Ooh! Chocolata, 42 Southfield Road Trading Estate, Nailsea, North Somerset, UK, BS48 1JE
Ingredients	Sugar, cocoa butter, whole MILK powder, honeycomb (8%) (sugar, glucose syrup, raising agent, rice flour), cocoa mass, whey powder, emulsifier (SOYA lecithin), natural vanilla.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Cereals containing gluten namely wheat Tree Nuts Peanuts
Country of Origin	UK
Storage Instructions	Store in a cool, dry place away from direct sunlight.
Instructions for use	n/a
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2364	Energy (kcal)	558	Salt	1.5
Fat	36.7	of which saturates	22.9		
Carbohydrate	53.9	of which sugars	52.1		
Fibre	1.2	Protein	5.9		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Reids Honey & Oatmeal Oat Crumbles 150g
Manufacturer's Name and Address	Reids Bakery (Thurso) Ltd., Unit 17, Henderson Street, Thurso, Caithness, United Kingdom, KW14 7QU
Supplier Name and Address	Reids of Caithness, Unit 17, Henderson Street, Thurso, Caithness, United Kingdom, KW14 7QU
Ingredients	OATS (34%), Butter (MILK , salt), Sugar, WHEAT flour (with calcium carbonate, iron, niacin, thiamin), Honey (3%), Golden Syrup, Raising agents (diphosphates, sodium carbonates).

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts, Peanuts, Sesame
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place. Once opened store in an airtight container.
Instructions for use	n/a
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2161	Energy (kcal)	517	Salt	0.7
Fat	26.6	of which saturates	15.2		
Carbohydrate	61.1	of which sugars	27		
Fibre		Protein	6.3		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Gold Crown Mini Chocolate Cake with Milk & White Chocolate Chips
Manufacturer's Name and Address	Gold Crown Bakeries Ltd, Unit 1, 12 Wiltshire Road, Hull, East Yorkshire, United Kingdom, HU4 6PA
Supplier Name and Address	Gold Crown Bakeries Ltd, Unit 1, 12 Wiltshire Road, Hull, East Yorkshire, United Kingdom, HU4 6PA
Ingredients	Sugar, liquid whole EGG , margarine (vegetable oil (palm, rapeseed), water, salt, natural flavour), fortified WHEAT flour (WHEAT flour, calcium carbonate, iron, niacin and thiamine), glucose syrup (from WHEAT) (contains preservative: SULPHUR DIOXIDE), dark chocolate (8%)(sugar, cocoa mass, cocoa butter, emulsifier (SOYA lecithin), natural vanilla flavouring), humectant: vegetable glycerine, cocoa powder (cocoa beans, acidity regulator: potassium carbonate), chocolate icing (sugar, vegetable oil (palm, rapeseed), glucose syrup (preservative: SULPHUR DIOXIDE), cocoa powder, water, emulsifier: mono- and diglycerides of fatty acids, SOYA lecithin, salt, preservative: potassium sorbate, natural flavouring), white chocolate (3%) (sugar, cocoa butter, whole MILK powder, emulsifier: SOYA lecithin, natural vanilla flavouring), Milk chocolate (3%)(sugar, whole MILK powder, cocoa butter, cocoa mass, whey powder (MILK), skimmed MILK powder, emulsifier: SOYA lecithin , natural vanilla flavouring), water, preservative: potassium sorbate, raising agents: E450, E500

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	Yes	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	Yes		

May contain statements	Tree Nuts
Country of Origin	UK
Storage Instructions	Store in a cool dry place away from sunlight.
Instructions for use	Once opened store in an airtight container and consume within 3 days.
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1618	Energy (kcal)	387	Salt	0.42
Fat	18.5	of which saturates	7.7		
Carbohydrate	50.7	of which sugars	30.6		
Fibre		Protein	5.5		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Joe & Seph's Orange, Pecan & Cinnamon Popcorn Bar 27g
Manufacturer's Name and Address	Joe's Gourmet Foods, JOE'S GOURMET FOODS LTD, 3 WILLEN FIELD ROAD, London, London, United Kingdom, NW10 7BQ
Supplier Name and Address	Joe's Gourmet Foods, JOE'S GOURMET FOODS LTD, 3 WILLEN FIELD ROAD, London, London, United Kingdom, NW10 7BQ
Ingredients	Butter (MILK), Sugar, Corn, PECANS (NUTS) (9%), Date Syrup, Sunflower seeds, Orange peel (7%) {Orange Peel, Glucose Syrup, Salt}, OATS , Cinnamon, Sea Salt, Orange Oil

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Peanuts Sesame Soybeans
Country of Origin	United Kingdom
Storage Instructions	Ambient. Store in a cool, dry, dark place.
Instructions for use	Once open consume in same day.
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2067	Energy (kcal)	496	Salt	1.26
Fat	30.6	of which saturates	13.4		
Carbohydrate	53.5	of which sugars	35.1		
Fibre	4.2	Protein	5.5		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		