

ALL INFORMATION INCLUDED BELOW IS CORRECT AS AT THE TIME THAT OUR BROCHURE WENT TO PRESS BUT PLEASE BE AWARE THAT IN THE EVENT THAT A SUBSTITUTION IS MADE, THIS NUTRITIONAL AND ALLERGEN SUMMARY MAY NOT REFLECT THE TRUE CONTENTS OF THE GIFT.

IF YOU HAVE ANY CONCERNS IN RELATION TO ALLERGENS OR ANY OTHER DIETARY REQUIREMENTS, PLEASE CONTACT US PRIOR TO PURCHASE.

Name of Product	Oloves Basil & Garlic Natural Green Pitted Olives 30g
Manufacturer's Name and Address	Brand Stand Limited T/A OLOVES, Unit 2-3, Downsbrook Trading Estate, Worthing, West Sussex, United Kingdom, BN14 8NQ
Supplier Name and Address	Brand Stand Limited T/A Oloves, Unit 2-3, Downsbrook Trading Estate, Worthing, West Sussex, United Kingdom, BN14 8NQ
Ingredients	Green olives pitted (95%), sunflower oil, garlic (1%), garlic powder (0.6%), basil (0.6%).

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Greece
Storage Instructions	Ambient
Instructions for use	Each packet: once opened refrigerate and consume within 3 days
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	623	Energy (kcal)	149	Salt	4.0
Fat	14.6	of which saturates	2.4		
Carbohydrate	1.5	of which sugars	0.5		
Fibre	3.0	Protein	1.3		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Melting Pot Vegan Handmade Fudge Chocolate Orange 90g
Manufacturer's Name and Address	Melting Pot Fudge, 28 Ballymacarrett Road, BELFAST, Antrim, Northern Ireland, BT4 1BT
Supplier Name and Address	Melting Pot Fudge Ltd., 28 Ballymacarrett Road, BELFAST, Antrim, United Kingdom, BT4 1BT
Ingredients	Ingredients: sugar, rice drink (14%)(sunflower oil, sea salt), cocoa butter, golden syrup, glucose syrup, brown sugar, orange extract (rapeseed oil, orange oil), cocoa, salt.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Milk Tree Nuts Peanuts Sesame Soybeans
Country of Origin	United Kingdom
Storage Instructions	ambient storage
Instructions for use	n/a
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1299	Energy (kcal)	307	Salt	0.08
Fat	4.1	of which saturates	2.3		
Carbohydrate	67.1	of which sugars	63.3		
Fibre	0	Protein	0.2		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Easy Bean Red Lentil & Poppy Seed Crackers 160g
Manufacturer's Name and Address	Easy Bean Limited, 1 Mudford Business Park, Mudford, Yeovil, Somerset, United Kingdom, BA21 5TF
Supplier Name and Address	Easy Bean Ltd, 1 Mudford Business Park, Mudford, Yeovil, Somerset, United Kingdom, BA21 5TF
Ingredients	Red lentil flour 33%, water, rice flour, rapeseed oil, maize flour, OATmeal (GLUTEN-free), blue poppy seed 2%, sea salt

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Peanuts Sesame
Country of Origin	United Kingdom
Storage Instructions	Store in an airtight container after opening. Best kept in a cool dry place away from sunlight.
Instructions for use	n/a
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1962	Energy (kcal)	470	Salt	1.2
Fat	22.1	of which saturates	1.7		
Carbohydrate	56.4	of which sugars	0.9		
Fibre	4.1	Protein	11.2		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Indie Bay Crunchy Pretzels Superseeds 26g
Manufacturer's Name and Address	Indie Bay Snacks, Westbourne Studios, 242 Acklam Road, London, London, UK, W10 5JJ
Supplier Name and Address	Indie Bay Snacks, Westbourne Studios, 242 Acklam Road, London, London, UK, W10 5JJ
Ingredients	SPELT flour (39%), WHEAT flour (39%), SESAME seeds (9%), poppy seeds (9%), sunflower oil, salt, coating agent: acacia fibre, BARLEY malt extract, yeast,

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	Yes
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs Milk Soybeans
Country of Origin	Switzerland
Storage Instructions	Store in a cool, dry place
Instructions for use	n/a
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1667	Energy (kcal)	395	Salt	2.2
Fat	8.7	of which saturates	1.1		
Carbohydrate	64	of which sugars	2.5		
Fibre	4.7	Protein	13		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Joe & Seph's Vegan Toffee Apple & Cinnamon Gourmet Popcorn 32g
Manufacturer's Name and Address	Joe's Gourmet Foods, 3 Willen Field Road, London, United Kingdom, NW10 7BQ
Supplier Name and Address	Joe's Gourmet Foods, 3 Willen Field Road, London, United Kingdom, NW10 7BQ
Ingredients	Corn, Sugar, Spring Water, Extra Virgin Olive Oil, Apple Pieces (3%) {Concentrated Apple Puree, Concentrated Lemon Juice, Fructose, Glucose Syrup, Gelling Agent: Pectin}, Gluten Free OATS (3%), Glucose Syrup, Cinnamon, Sea Salt, Natural Apple Flavour, Cold Pressed Sunflower Oil

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Peanuts Sesame
Country of Origin	United Kingdom
Storage Instructions	Store in a cool,dry, dark place
Instructions for use	Once open, consume within five days.
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1249	Energy (kcal)	297	Salt	0.8
Fat	7.8	of which saturates	1.1		
Carbohydrate	57.4	of which sugars	34.8		
Fibre	4.3	Protein	3.5		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	nibnibs Ginger Nutter Mini Cookies Biscuit Box 100g
Manufacturer's Name and Address	Nibnibs Ltd, Shawfield Road, Carlton Industrial state, Barnsley, South Yorkshire, United Kingdom, S71 3HS
Supplier Name and Address	nibnibs Ltd, Shawfield Road, Carlton Industrial Estate, Barnsley, South Yorkshire, United Kingdom, S71 3HS
Ingredients	WHEAT Flour (containing Calcium Carbonate, Niacin, Iron, Thiamin), Light Brown Sugar (Sugar, Cane Molasses), Coconut Oil, Muscovado Sugar, Partially Inverted Sugar Syrup, Ground Ginger (2%), Raising Agents (Sodium Bicarbonate, Disodium Diphosphate).

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Maximum temperature 25c, Minimum temperature 5c. Store away from light.
Instructions for use	Ready to eat
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1984	Energy (kcal)	472	Salt	1.1
Fat	16	of which saturates	14		
Carbohydrate	75	of which sugars	34		
Fibre	2.1	Protein	4.7		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Ooh! Chocolata Dairy Free & Vegan Orange Milk Chocolate 50g
Manufacturer's Name and Address	Gartona Ltd, Unit 42, Southfield Road Trading Estate, Nailsea, Bristol, United Kingdom, BS48 1JE
Supplier Name and Address	Ooh! Chocolata, Unit 42, Southfield Road Trading Estate, Nailsea, North Somerset, United Kingdom, BS48 1JE
Ingredients	Sugar, cocoa butter, cocoa mass, rice flour, inulin (fibre), natural orange oil, emulsifier (sunflower lecithin).

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Store in a cool place away from direct sunlight.
Instructions for use	Ready to eat.
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2177	Energy (kcal)	520	Salt	0.04
Fat	33	of which saturates	20.6		
Carbohydrate	49.2	of which sugars	36.5		
Fibre	0	Protein	2.1		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		