

ALL INFORMATION INCLUDED BELOW IS CORRECT AS AT THE TIME THAT OUR BROCHURE WENT TO PRESS BUT PLEASE BE AWARE THAT IN THE EVENT THAT A SUBSTITUTION IS MADE, THIS NUTRITIONAL AND ALLERGEN SUMMARY MAY NOT REFLECT THE TRUE CONTENTS OF THE GIFT.

IF YOU HAVE ANY CONCERNS IN RELATION TO ALLERGENS OR ANY OTHER DIETARY REQUIREMENTS, PLEASE CONTACT US PRIOR TO PURCHASE.

Name of Product	Duerrs Hot English Mustard 185g
Manufacturer's Name and Address	F. Duerr & Sons Limited, Floats Road, Manchester, Greater Manchester, United Kingdom, M23 9DR
Supplier Name and Address	F Duerr and Sons Limited, Floats Road, Manchester, Greater Manchester, United Kingdom, M23 9DR
Ingredients	Water, MUSTARD Flour (23%), Spirit Vinegar, Sugar, Salt, MUSTARD Bran, Turmeric.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	Yes
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place. Once opened, keep refrigerated and consume within 6 weeks.
Instructions for use	n/a
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	777	Energy (kcal)	189	Salt	4.72
Fat	10	of which saturates	0.1		
Carbohydrate	17.1	of which sugars	10.4		
Fibre	2.2	Protein	7.4		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Epicure Mandarin Orange Segments in Juice 312g
Manufacturer's Name and Address	Ahi Guven Donmus Gida Konserve Imalat Ambalaj Sanayi Ticaret A.S., Umiteli Koyu, Balikesir, Susurluk, Turkey, 10600
Supplier Name and Address	Petty Wood, Livingston Road, Andover, Hampshire, SP10 5NS
Ingredients	Mandarin Segments, Mandarin Juice, Citric Acid

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Turkey
Storage Instructions	Once opened, store in Fridge in a sealed container consume within 2 days
Instructions for use	Ready to use
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	154	Energy (kcal)	37	Salt	0.015
Fat	0.5	of which saturates	0.1		
Carbohydrate	9.54	of which sugars	8.87		
Fibre	0.8	Protein	0.6		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Market Town Bakery Port & Brandy Cake 400g
Manufacturer's Name and Address	MHT Foods, Crosby Road, Market Harborough, Leicestershire, UK, LE16 9EE
Supplier Name and Address	MHT Foods Limited, Crosby Road, Market Harborough, Leicestershire, UK, LE16 9EE
Ingredients	Sultanas (39%) (contains Sunflower Oil), WHEAT Flour (Calcium Carbonate, Niacin, Iron, Thiamine), EGG , Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Emulsifier: E475; Colours: E100, E160b; Flavourings), Brown Sugar, Glace Cherries (5%) (Cherries, Glucose-Fructose Syrup, Sugar, Acidity Regulator: E330; Colour: E163; Preservative E220 (SULPHUR DIOXIDE)), Humectant: Vegetable Glycerine; Black Treacle (Cane Molasses, Invert Sugar Syrup), Glucose Syrup, Mixed Peel (Orange Peel, Lemon Peel, Glucose-Fructose Syrup, Sugar, Acidity Regulator: E330; Preservative: E220 (SULPHUR DIOXIDE)), Port (1%) (contains SULPHITES), Brandy (1%), Whey Powder (MILK), Raising Agents: E450(i), E500(ii); Preservative: E202; Flavouring.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	Yes	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	Tree Nuts Soybeans
Country of Origin	UK
Storage Instructions	Store in a cool dry place, out of direct sunlight. Once opened store in an airtight container and consume within 7 days
Instructions for use	Slice and enjoy
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1468	Energy (kcal)	350	Salt	0.31
Fat	8.1	of which saturates	2.8		
Carbohydrate	67	of which sugars	49		
Fibre		Protein	4		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Ye Olde Oak Ham 300g
Manufacturer's Name and Address	Struik Foods Europe, Voortuizer Weg 9, Nijkerk, Nijkerk, Netherlands, 3862 PZ
Supplier Name and Address	Ye Olde Oak Foods Ltd, No2 Warehouse, The Wharf, Sowerby Bridge, West Yorkshire, UK, HX6 2AG
Ingredients	Pork 62%, Water, Modified Starch, Salt, Stabiliser (Triphosphate), Vegetable Fibre, Sugar, Flavourings, Thickener (Processed Eucheuma Seaweeds), Antioxidant (Sodium Isoascorbate), Preservative (Sodium Nitrite)

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Soya Milk Celery Cereals containing Gluten Eggs Mustard Sesame
Country of Origin	Netherlands
Storage Instructions	Ambient
Instructions for use	Please see label
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	637	Energy (kcal)	153	Salt	1.7
Fat	11	of which saturates	4.2		
Carbohydrate	3.2	of which sugars	0.5		
Fibre	0.67	Protein	10		

Suitable for vegetarians	No	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	No
Free from artificial flavours	No		

Name of Product	Bristows of Devon Clotted Cream Fudge in Pillow Bag 150g
Manufacturer's Name and Address	Great British Confectionery Group Ltd, Marsh Lane, Crediton, Devon, Great Britain, EX17 1ET
Supplier Name and Address	Great British Confectionery Group Ltd, Marsh Lane, Crediton, Devon, EX17 1ET
Ingredients	Sugar, Glucose Syrup, Sweetened Condensed Skimmed MILK (Skimmed MILK , Sugar, Lactose (MILK)), Fondant (Sugar, Glucose Syrup, Water), Palm Oil, Clotted Cream (MILK) (4%), Whey Powder (MILK), Cornflour, Dextrose, Salt, Natural Flavouring. Allergens see in Bold

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Great Britain
Storage Instructions	Store in a cool, dry, odour free place
Instructions for use	For consumption
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1880	Energy (kcal)	447	Salt	0.47
Fat	14	of which saturates	7.4		
Carbohydrate	78.2	of which sugars	77.4		
Fibre	0	Protein	2		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Matthew Walker Christmas Pudding - VH Own Design Red & White 350g
Manufacturer's Name and Address	Matthew Walker, Heanor Gate Road, Heanor, Derbyshire, UK, DE75 7RJ
Supplier Name and Address	Bakery Foods Ltd T/A Matthew Walker, Heanor Gate Road, Heanor, Derbyshire, UK, DE75 7RJ
Ingredients	Sugar, Sultanas (25%), Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Cider (7%), Palm Oil, Humectant; (Glycerine), Molasses, Salt, Mixed Spice, Yeast.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place.
Instructions for use	TO STEAM: Leave in basin with film lid on. Place the basin in a steamer over boiling water and steam for 1 hour. Ensure that water does not enter the pudding. Do not allow the steamer to boil dry. TO MICROWAVE: This is a guideline only. We suggest that you consult your instruction manual. Pierce film lid and place in microwave on a microwaveable plate. Heat on full powder for: 800W for 2 1/2 minutes or 900W for 2 minutes. Leave to stand for 1 minute before serving.
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1352	Energy (kcal)	320	Salt	0.2
Fat	5.4	of which saturates	2.4		
Carbohydrate	63.6	of which sugars	51.0		
Fibre	3.6	Protein	2.5		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Duerrs Strawberry Jam 454g
Manufacturer's Name and Address	F. Duerr & Sons Limited, Floats Road, Manchester, Greater Manchester, United Kingdom, M23 9DR
Supplier Name and Address	F Duerr and Sons Limited, Floats Road, Manchester, Greater Manchester, United Kingdom, M23 9DR
Ingredients	Glucose-Fructose Syrup, Strawberries, Sugar, Gelling Agent: Pectins; Acidity Regulators: Citric Acid, Sodium Citrates. Prepared with 35g of fruit per 100g. Total sugar content 65g per 100g.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place. Once opened, keep refrigerated and consume within 6 weeks.
Instructions for use	Ready to eat
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1129	Energy (kcal)	266	Salt	0.1
Fat	0.5	of which saturates	0.1		
Carbohydrate	64.3	of which sugars	56.2		
Fibre	2.2	Protein	0.0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Duerrs Sunny Seville Fine Cut Marmalade 340g
Manufacturer's Name and Address	F. Duerr & Sons Limited, Floats Road, Manchester, Greater Manchester, United Kingdom, M23 9DR
Supplier Name and Address	F Duerr and Sons Limited, Floats Road, Manchester, Greater Manchester, United Kingdom, M23 9DR
Ingredients	Sugar, Oranges, Acidity Regulators: Citric Acid, Sodium Citrates, Gelling Agent: Pectins, Sweet Orange Oil, Tangerine Oil. Prepared with 35g of fruit per 100g. Total sugar content 63g per 100g.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place. Once opened, keep refrigerated and consume within 6 weeks.
Instructions for use	Ready to eat
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1232	Energy (kcal)	290	Salt	0.06
Fat	0.1	of which saturates	0.0		
Carbohydrate	69.5	of which sugars	64.6		
Fibre	4.1	Protein	0.6		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Fray Bentos Just Chicken 425g
Manufacturer's Name and Address	Baxter's Food Group, Fochabers, MORAY, Scotland UK, IV32 7LD
Supplier Name and Address	Petty Wood, Livingston Road, Andover, Hampshire, SP10 5NS
Ingredients	Water, Chicken (16%), WHEAT Flour (WHEAT Flour, WHEAT GLUTEN , Calcium Carbonate, Iron, Niacin, Thiamin), Margarine (Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier (Mono-and Diglycerides of Fatty Acids)), Modified Maize Starch, Chicken Stock (Chicken, Chicken Fat, Salt), Tomato Paste, Maize Starch (Maize Starch, Ascorbic Acid), Salt, Onion Powder, BARLEY Malt Extract, White Pepper, Natural Thyme Flavouring, Sage Extract

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Sulphites/Sulphur Dioxide
Country of Origin	Scotland UK
Storage Instructions	Store in a cool dry place
Instructions for use	Cook in pre heated oven to manufactures guide
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	546	Energy (kcal)	226	Salt	0.59
Fat	8	of which saturates	3.9		
Carbohydrate	149	of which sugars	0.4		
Fibre	0.6	Protein	5.3		

Suitable for vegetarians	No	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Epicure Williams Pear Halves in Fruit Juice 411g
Manufacturer's Name and Address	Conserve Italia Soc. Coop.agricola, via P.Poggi, 11, S.Lazzaro di Savena (BO), S.Lazzaro di Savena (BO), Italy, 40068
Supplier Name and Address	Petty Wood, Livingston Road, Andover, Hampshire, SP10 5NS
Ingredients	Williams Pear Halves 55.96%, Grape Juice 44.04%, Acidity Regulator: Citric Acid

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Italy
Storage Instructions	Once opened, transfer to non-metallic container, refrigerate at +4°C & use within 2 days.
Instructions for use	Ready to use Chill if preferred
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	219	Energy (kcal)	52	Salt	0
Fat	0.1	of which saturates	0		
Carbohydrate	12.5	of which sugars	11.2		
Fibre	1	Protein	0.2		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Bonds Pear Drops 150g
Manufacturer's Name and Address	Bonds Confectionery, UNIT 1, HAMILTON ROAD, Sutton in ashfield, Notts, UK, NG17 5LD
Supplier Name and Address	Innovative Bites Ltd, UNIT 1, HAMILTON ROAD, Sutton in ashfield, Notts, UK, NG17 5LD
Ingredients	Sugar, Glucose Syrup, Acid (Critic Acid), Flavouring, Colours (Anthocyanins, Curcumin).

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Peanuts
Country of Origin	UK
Storage Instructions	Store in a cool dry place away from direct sunlight
Instructions for use	none - RTE
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1660	Energy (kcal)	397	Salt	0
Fat	0.7	of which saturates	0.2		
Carbohydrate	96	of which sugars	71		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Arran Fine Foods Apple & Ale Chutney 190g
Manufacturer's Name and Address	Paterson Arran Ltd, The Old Mill, Lamlash, North Ayrshire, Scotland, KA27 8AR
Supplier Name and Address	Paterson Arran Ltd, The Old Mill, Lamlash, North Ayrshire, Scotland, KA27 8AR
Ingredients	Re-hydrated Apple (45%) (contains SULPHUR DIOXIDE), Sugar, Spirit Vinegar, Re-hydrated Onions, Sultanas, (Sultanas, Sunflower Oil), Ale (5%), (BARLEY & WHEAT), MUSTARD Seeds, Thickening Agent (Modified Maize Starch), Preservative (Potassium Sorbate), Cinnamon, Cloves

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	Yes
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	Scotland
Storage Instructions	Store in a cool dry place.
Instructions for use	Ready to eat product.
Alcoholic Strength	5

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	628	Energy (kcal)	148	Salt	0.02
Fat	0	of which saturates	0		
Carbohydrate	35	of which sugars	33		
Fibre	1.3	Protein	0.6		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Ahmad Tea English Breakfast 10 Teabags est 20g
Manufacturer's Name and Address	Ahmad Tea Limited, No. 303, R.A De Mel Mawatha, R.A De Mel Mawatha, Colombo, Sri Lanka, 03
Supplier Name and Address	Ahmad Tea Limited, Ahmad Tea Estate, Winchester Road, Chandlers Ford, Hampshire, United Kingdom, SO53 2PZ
Ingredients	Black Tea

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Packed in Sri Lanka
Storage Instructions	Store in a cool dry place
Instructions for use	Brew 1 teabag in 200ml boiling water for 3 - 5 minutes
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	8	Energy (kcal)	2	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	0.2	of which sugars	0		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Becky's Christmas Chocolate Cracker (mixed case) 100g
Manufacturer's Name and Address	Becky's B.V, Postbus 37771, Amsterdam, Noord-Holland, The Netherlands, 1030BJ
Supplier Name and Address	Becky's B.V, Postbus 37771, Amsterdam, Noord-Holland, The Netherlands, 1030BJ
Ingredients	Filled Milk chocolate. Ingredients: sugar, vegetable oils (palm, shea), cocoa butter, whole MILK powder, whey powder [MILK], cocoa paste, cocoa powder, emulsifier (SOYA lecithin), flavourings. Milk chocolate contains cocoa solids: 31% minimum and Milk solids: 24% minimum. May contain traces of: cereals containing GLUTEN (WHEAT), NUTS, PEANUTS, SESAME seeds. Contains vegetable fats in addition to cocoa butter.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Cereals containing gluten namely wheat Tree Nuts Peanuts Sesame
Country of Origin	N/A
Storage Instructions	Store in a cool, dry place.
Instructions for use	N/A
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2319	Energy (kcal)	554	Salt	0.08
Fat	34	of which saturates	19		
Carbohydrate	57	of which sugars	57		
Fibre	2.3	Protein	3.2		

Suitable for vegetarians	No	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	No		

Name of Product	Baxters Lentil & Bacon Soup 400g
Manufacturer's Name and Address	Baxter's Food Group, Fochabers, Moray, Inverness, Scotland UK, IV32 6LD
Supplier Name and Address	Petty Wood, Livingston Road, Andover, Hampshire, United Kingdom, SP10 5NS
Ingredients	Water, Red Split Lentils, (15%), Carrots, Potatoes, Smoked Bacon (4.5%)(Pork, Water, Salt, Preservatives (Sodium Nitrite, Potassium Nitrate), Antioxidant (Sodium Ascorbate)), Tomatoes, Onions, Flavouring, Cornflour, Modified Maize Starch, Parsley, White Pepper. 1 of your 5 a day. No artificial colours or flavours. GLUTEN Free, Low Fat.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Sulphites/Sulphur Dioxide
Country of Origin	United Kingdom
Storage Instructions	Once opened, transfer to non-metallic container, refrigerate & use within 2 days.
Instructions for use	Heat gently for 2-3 minutes , do not boil
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	214	Energy (kcal)	51	Salt	0.55
Fat	1	of which saturates	0.4		
Carbohydrate	7.1	of which sugars	0.9		
Fibre	0.7	Protein	3.2		

Suitable for vegetarians	No	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Bonds Confectionery Sweet Shop Chocolate Eclairs 150g
Manufacturer's Name and Address	Bonds Confectionery, UNIT 1, HAMILTON ROAD, Sutton in ashfield, Notts, NG17 5LD
Supplier Name and Address	Innovative Bites Ltd, unit a, HAMILTON ROAD, Sutton in ashfield, Notts, United Kingdom, NG17 5LD
Ingredients	Glucose Syrup, Sugar, Milk Chocolate (20%) [Sugar, Cocoa butter, Whole MILK Powder, Cocoa mass, Skimmed MILK Powder (MILK), Emulsifier (SOYA Lecithin), Flavouring], Sweetened Condensed MILK (Skimmed MILK , Sugar), Palm Oil, Butter oil (MILK) Invert sugar syrup, Emulsifier (SOYA Lecithins), Salt, Molasses, Flavourings.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Peanuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place away from direct sunlight
Instructions for use	none - RTE
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1979	Energy (kcal)	472	Salt	0.74
Fat	20	of which saturates	12		
Carbohydrate	69	of which sugars	52		
Fibre	0	Protein	2.7		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		